



# I am pregnant Should I get a COVID-19 vaccine or COVID-19 booster vaccine?

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**COVID-19 vaccines\* are recommended in pregnancy.  
You can get the COVID-19 vaccine at any stage in pregnancy.**

**Get the mRNA  
COVID-19 vaccine\* when you  
are pregnant**

or

**Do not get the COVID-19  
vaccine\* when you are  
pregnant**

## What are the positives of this option?



Vaccination is currently the most effective way to protect you and your baby from the risks associated with COVID-19



Vaccination may protect your baby from COVID-19



Current safety data on the use of mRNA vaccines in pregnancy is reassuring. To date, over 250,000 pregnant women have received a COVID-19 vaccine worldwide. No safety concerns have been reported



Other vaccines are recommended in pregnancy with good safety information



You will not experience any side effects from the vaccines

## What are the negatives of this option?



Results of formal clinical trials on the COVID-19 vaccine in pregnancy are not available yet. However, there are now multiple other studies which include women who got the vaccine in pregnancy. These studies show that COVID-19 vaccines are safe in pregnancy



You may get some side-effects from getting the vaccine



The results of clinical trials including pregnant women may not be published for many months - You may have to wait until after you have your baby to get your vaccine



You will still be at risk of getting sick from COVID-19; this may lead to ICU admission or death. It may also increase your risk of pregnancy complications, including pre-term birth or stillbirth



If you get COVID-19 your baby may be born pre-maturely and may need to be admitted to a Neonatal Intensive Care Unit (NICU)



You won't be able to enjoy the benefits afforded to fully vaccinated people when meeting with others

## If you choose this option:

- Get the vaccine at any time in pregnancy
- If you are unvaccinated, you should get two doses of mRNA vaccine 21-28 days apart.
- If you are offered a COVID-19 booster vaccine you can get it at least three months after completing your primary vaccination course.
- Take paracetamol if you develop a fever (>38°) after the vaccine.
- Get the Flu and whooping cough vaccine as recommended
- Continue to follow current public health advice on social distancing, wearing a mask and hand hygiene.



Only choose this option if you and the people you live with can follow current public health advice on:

- wearing a mask
- social distancing
- hand hygiene
- working from home where possible



The people around you should also get the vaccine

\* COVID-19 vaccine or COVID-19 booster vaccine (when offered)

The best way to protect you and your baby from COVID-19 is to get the vaccine

## Are you getting the COVID-19 booster vaccine in pregnancy?

Register now to take part in the European Medicines Agency (EMA) COVID-19 Vaccine Monitoring study and contribute information on the safety of COVID-19 vaccines in pregnancy



<https://www.COVIDVaccineMonitor.eu/ie-booster>

