



THE NMH GP NEWSLETTER



A WELCOME MESSAGE FROM PROF SHANE HIGGINS, MASTER AT THE NMH

Welcome to the NMH's first newsletter for GPs. The NMH is Ireland's leading centre of excellence for maternal and womens' health. Overleaf you will find a list of services provided by the hospital.

We would like to take this opportunity to invite you to an information evening on Menopause with our special guest Professor Martha Hickey, who is visiting the hospital from Australia to share her expertise on Menopause.


Thank you for your continued support, we look forward to welcoming you to The NMH.

Yours sincerely,

Prof Shane Higgins

EVENT SCHEDULE

19:00hrs onwards – light refreshments
19:30 to 20:00hrs - Prof Martha Hickey:
"Managing Premature and Early Menopause"
20:00 to 20:30hrs - Prof Donal Brennan:
"Menopause after Cancer - where are the gaps?"
20:30 to 20:45hrs - Dr Deirdre Lundy: "6 Months into the Complex Menopause Clinic"
20:45 to 21:00hrs Q&A



The National Maternity Hospital

MENOPAUSE


You are invited to an information evening on Menopause

with our special guest,
Prof Martha Hickey


15th June
Start at 19.30 - 21.00hrs

Lecture Theatre,
1st Floor,
65/66 Mount St,
Dublin 2 / Zoom


www.nmh.ie
Please email gpstudyday@nmh.ie to register your interest



PROF MARTHA HICKEY



DR DEIRDRE LUNDY



PROF DONAL BRENNAN

19:00hrs onwards – light refreshments

19:30 to 20:00hrs – Prof Martha Hickey:
"Managing Premature and Early Menopause"

20:00 to 20:30hrs – Prof Donal Brennan:
"Menopause after Cancer - where are the gaps?"

20:30 to 20:45hrs – Dr Deirdre Lundy: "6 Months into the Complex Menopause Clinic"

20:45 to 21:00 Q&A

IN THIS ISSUE':

- A GUIDE TO OUR GYNAE SERVICES
- THE REFERRAL PROCESS
- NMH TEAM & THEIR SPECIALITIES

YOU ARE INVITED TO AN INFORMATION EVENING ON MENOPAUSE

15th June - Start at 19.30 - 21.00hrs

Lecture Theatre, 1st Floor, 65/66 Mount St, Dublin 2

Please email gpstudyday@nmh.ie to register your interest.

You can also attend via Zoom, a link will be sent to you once you register your interest.

MEET OUR EXPERT PANEL

PROFESSOR MARTHA HICKEY

BA(HONS), MSC, MBCHB, FRANZCOG, MD
DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY,
THE UNIVERSITY OF MELBOURNE



Martha Hickey is Professor of Obstetrics and Gynaecology at the University of Melbourne and Director of the Gynaecology Research Centre at the Royal Women's Hospital. She established the first dedicated Menopausal Symptoms after Cancer (MSAC) service in Australia, now replicated internationally. Prof Hickey's research focus is menopause, reproductive endocrinology and healthy ageing in women. She leads an international prospective controlled study of surgical in BRCA1/2 (WHAM: What Happens after Menopause?) including new information resources for high-risk women and their healthcare providers. She leads a multidisciplinary research program promoting positive images of older women and their bodies with an art exhibition (Flesh after Fifty) touring across Australia. She leads the international COMMA (Core Outcomes in Menopause) initiative across 26 countries delivering standardized measures for clinical trials in menopause.



Prof Donal Brennan

Consultant Obstetrician &
Gynaecological Oncologist
Special Interests: Laparoscopic
surgery, cytoreductive surgery,
complex pelvic surgery, placenta
accreta/haemorrhage, cancer
genetics.



Dr Deirdre Lundy

GP; Special Interest in Sexual &
Reproductive Health.
Lead clinician at The NMH Complex
Menopause Service.
Dr Lundy is one of only four doctors
in Ireland who is accredited by the
British Menopause Society.

A GUIDE FOR GPs: REFERRALS TO GYNAECOLOGY WOMEN'S HEALTH SERVICES AT THE NMH

The hospital offers a wide range of gynaecological women's health services, including:

- General gynaecology
- Colposcopy
- Gynae oncology
- Outpatient hysteroscopy
- Urogynaecology
- MESH complications service
- Fertility
- Adolescent gynaecology
- Transgender services
- Perineal clinic
- Complex menopause service
- Premature ovarian insufficiency
- GP-led Mirena clinic
- Pelvic pain
- Recurrent miscarriage
- Termination of pregnancy.

THE REFERRAL PROCESS AT THE NMH

All referrals are triaged by a consultant - appointments are allocated according to the level of urgency. Referrals may be redirected to another consultant if he/she has a shorter waiting list. Current waiting times are dependant on sub-speciality and can take up to 9 months.

Colposcopy referrals should follow guidelines according to the **Cervical Check Programme**, if unsure, please contact Cervical Check.

For patients requiring **Fertility Investigations**, please state 'fertility hub' on the referral letter.

All referrals should be sent electronically via Healthlinks please.

However, certain sub-specialties require a specific referral form to be completed these include:

- The Complex Menopause Service
- The Mirena Clinic

Referral forms may be downloaded via the Women's Health Section on the hospital's website www.nmh.ie

Referrals

DON'TS

PLEASE DON'T

- Refer patient to more than one hospital.
- Refer patients requesting private care to the Public Outpatient Department, please refer directly to chosen consultant.

NB Certain gynaecologists offer public care only – for reference, those who do offer private gynaecological care are marked with an *

Please note, direct referrals for diagnostics/gynae ultrasound scans cannot be accepted, tests can only be ordered following consultant review.

DO'S

PLEASE DO

- Include patient full contact details including telephone number.
- State clearly reason for referral and relevant clinical information for referral to be triaged appropriately.
- Include current and past medical and surgical history and current medications.
- Include all relevant test results including ultrasound scans, bloods, cervical screening.
- Forward any pending results when available to gynae@nmh.ie
- State if patient has any additional needs.
- State if translator required for consultation.
- Ensure patient understands and has consented to referral.

MEET THE NMH TEAM

| Consultant Name | Speciality |
|-------------------------------|--|
| Declan Keane | <u>Urogynaecology</u> |
| Gerry Agnew* | <u>Urogynaecology</u> |
| Donal O'Brien* | General Gynaecology Oncology Gynaecology |
| <u>Zara Fonesca Kelly*</u> | General Gynaecology |
| Fiona Martyn* | Fertility General Gynaecology |
| Lucia <u>Hartigan</u> | Fertility General Gynaecology |
| David Crosby* | Fertility |
| Grainne Flannelly | General Gynaecology Colposcopy |
| Venita Broderick | Adolescent Gynaecology General Gynaecology Colposcopy |
| Orla Sheil | Adolescent Gynaecology General Gynaecology |
| Mona Joyce* | General Gynaecology Colposcopy |
| Myra Fitzpatrick | Colposcopy Suspicious cervix Perineal Clinic |
| Laoise O'Brien* | General Gynaecology |
| Kirk <u>Levins*</u> | Gynaecology – Pelvic Pain |
| Cathy Allen* | Recurrent Miscarriage |
| Deirdre Lundy (specialist GP) | Complex Menopause Service Premature Ovarian Insufficiency <u>Mirena Clinic</u> |

**** Referral to a specific consultant does not guarantee an associated appointment, it is dependant on triage of referral, speciality & availability of appointment.**

**If you are interested in joining our GP Liaison Committee,
which meets quarterly, please email our
NMH Quality Manager, Rachel Irwin rirwin@nmh.ie**

Thank you