



GP referral form for Complex Menopause Clinic

Information for GPs and Referring Doctors

The Complex Menopause clinic is open to patients in the **Dublin, Wicklow, Kildare, Wexford and Kilkenny** areas who have menopause disorder issues alongside co-morbidities that make it complicated to offer HRT treatment in primary care.

Patients, who are suitable, include people with a past or current diagnosis of:

1. VTE
2. Immunological Diseases including HIV
3. Ischemic Heart Disease
4. Stroke
5. Cancer; particularly reproductive cancers
6. Acute active Liver Disease

To assist us in triaging this appointment appropriately, we ask if could kindly provide the following:

- Recent BP and BMI recordings
- Recent blood test results including - FBC, Fasting lipids and glucose, TFT and any other results relevant to your patient's condition.
- Relevant correspondence from specialist consultants.

Thank you.



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Please send the completed form to: Gynae Outpatients Department, The National Maternity Hospital, Holles St, Dublin 2.

PATIENT DETAILS:

Patient Name:	
Patient Address:	
Next of Kin name:	
Next of Kin address:	
Date of Birth:	Contact Telephone:
Age at referral:	Contact Email:

Please tick which co-morbidity applies to this referral:

VTE	
Immunological Diseases including HIV	
Ischemic Heart Disease	
Stroke	
Cancer; particularly reproductive cancers	
Acute active Liver Disease	

REFERRER DETAILS:

Name of Referring Doctor:
Patients GP (if different):
Address:
MCRN:
Contact telephone no of referring doctor:



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Date of referral:

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REFERRAL DETAILS:

Current most troublesome menopausal symptoms:

HRT Treatments currently/recently? – please give details:

Gynaecological History

Parity:

LMP:

Last Smear:

Current Menstrual Pattern:

Additional Medical History

Smoker

Non-Smoker

BMI:

Blood Pressure: must be normotensive/
adequately controlled before referral

:

Known Allergies:

Current Medication:

Recent general blood tests to include: FBC, TSH, Lipids, Glucose, HbA1c (& any other surveillance serology relevant to the patient's condition):



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DETAILS OF SERIOUS MEDICAL DIAGNOSIS

Comorbidities:
Details of Diagnoses to date including Surgeries, Treatments (including HRT) and the hospitals/consultants involved in patient care:

Additional information
Please include COPIES OF MOST RECENT COMMUNICATIONS FROM SPECIALITY CLINIC