



## Introduction to Ambulatory Gynaecology Clinics

Dear Service User,

We understand that attending a gynaecology appointment can sometimes feel overwhelming. Our goal is to make your experience as comfortable and informative as possible.

In order to help you prepare for your upcoming appointment, we encourage you to watch an informative animated video that explains what to expect from your visit to an Ambulatory Gynaecology Clinic.

### What is an Ambulatory Gynaecology Clinic?

An ambulatory gynaecology clinic is a modern, outpatient setting where gynaecological care is provided without the need for overnight stays in hospital. This means that you will be able to receive the care you need and return home the same day. The clinic offers a range of services based on your own individual needs.

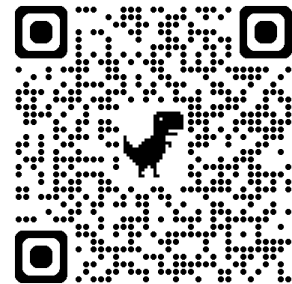
### How will this help you prepare for your appointment?

Watching the video ahead of your appointment will provide you with valuable information, such as what to expect during your visit, what the environment will be like, how to prepare for your visit and information about anything you should bring with you on the day.

### How to Watch the Video

To watch the video, simply click the link below or scan the QR code provided. The video is short, easy to follow, and designed to give you a clear understanding of what to expect from your ambulatory gynaecology appointment.

<https://www.youtube.com/watch?v=R47jHzl93Ns>



This video is subtitled in the following languages:

Arabic, Chinese, Georgian, Irish, Polish, Portuguese, Romanian, Russian, Somali, Ukrainian, Urdu and English.

To change the language of the video, follow the instructions below:

1. Click the 'CC' button to turn on Subtitles
2. Click the 'Settings' button
3. Change the language in the menu 'Subtitles/CC'

