

If you have concerns for another person

If you are worried that a girl you know is at risk of FGM/C, we can discuss your concerns at your appointment. We can then make a report to Tusla, Ireland's child protection agency.

It is illegal to perform FGM/C in Ireland. It is also illegal to take or attempt to take a girl out of Ireland for FGM/C.

If someone you know is in immediate danger of FGM/C, please contact the Garda National Protective Services Bureau confidential line on 1800 666 111.

Other IFPA services

At the IFPA, we also provide the following services:

- Screening for cervical cancer
- Breast examination
- Abortion care
- Support for unintended pregnancy
- Testing for sexually transmitted infections, including HIV
- Menopause check-ups

Making an appointment

Our service is in Dublin. To make an appointment:

☎ Call 01 872 7088

✉ Email reception@ifpa.ie

Our staff speak English, but we can provide a translator who speaks your language. This is free of charge. Please let us know if you need a translator.

Scan here for more information about the FGM/C treatment service, available in different languages



FGM/C treatment service locations

IFPA Dublin City Clinic

5/7 Cathal Brugha Street,
Dublin 1

IFPA Tallaght Clinic

Level 3, The Square Shopping Centre,
Tallaght, Dublin 24



Rebeka Artim for My Body is My Own, UNIFPA, 2021



FGM/C Treatment Service

We provide healthcare to those who have experienced female genital mutilation or cutting (FGM/C)

What is female genital mutilation/cutting (FGM/C)?

Female genital mutilation or cutting (FGM/C) is a harmful practice carried out on women and girls in some communities around the world. It is the cutting, injuring or closing of the female genitals for no medical reason.

FGM/C has different names in different places. In your culture it may be known as: circumcision; excision; gudniniin; sunna; halalays; khitan; thara; ibi ugwu; khifad; tahoor; absum; megrez; bondo; kutairi; mekhnishab; fanadu di mindjer; kuyango or niaka.

FGM/C has no health benefits and violates the human rights of women and girls. All women and girls have the right to health, security and dignity.

FGM/C can cause the following health issues

- Pain or discomfort in the genital area
- Painful periods
- Infections in the genital area
- Problems urinating or urinary infections (difficulty peeing)
- Painful sex or unable to have sex
- Difficulty getting pregnant
- Complications during childbirth (long labour, heavy bleeding)
- Being unable to enjoy sex or intimacy
- Flashbacks, nightmares and difficulty sleeping
- Stress, anxiety, depression

If you are experiencing any of these problems, our treatment service can help.

At your appointment

At your appointment, a female doctor or nurse will ask you about any problems you are having because of the FGM/C.

The doctor will tell you about available treatments.

They may ask to examine your genital area. If you are not ready to be examined at your first appointment, that is OK.

We can make another appointment for the examination when you feel more comfortable.

If surgery could help, our doctor will refer you to a female doctor in the Rotunda Hospital. The surgery will be free.

Our treatment service

If you have experienced FGM/C, we are here to help you.

We offer both medical care and counselling support to people who have experienced FGM/C. We have been providing this care to women and girls for over 10 years.

The service is **free, safe and confidential.**

Talking to a professional counsellor can help

Everyone's experience of FGM/C is different, and people deal with it in different ways.

There is no right or wrong way to feel after FGM/C.

We know it can be difficult to talk about FGM/C. Many women find it helpful to speak to a counsellor about their experience.

Our counsellors can support you to manage your feelings and emotions.

You can get help to deal with your experience at your own pace.

The service is **free, safe and confidential.**