

MEDICATIONS

On the day of the surgery:

- Please take all of your regular medication:

Time _____

- Please TAKE the following medication:

Medication _____

Dose _____

Time _____

Medication _____

Dose _____

Time _____

Medication _____

Dose _____

Time _____

- Please DO NOT TAKE the following medication:

Medication _____

Dose _____

Time _____

Medication _____

Dose _____

Time _____

Medication _____

Dose _____

Time _____

CONTACT THE PRE-ASSESSMENT CLINIC



01 637 3426



preassessment@nmh.ie



The National Maternity Hospital
Holles Street
Dublin 2, D02 YH21, Ireland



www.nmh.ie



For all emergencies, or out of hours, please
contact The National Maternity Hospital on

01 637 3100



For more information, please visit
www.nmh.ie

V2 - July 2024



The National Maternity Hospital



PRE-OPERATIVE ASSESSMENT CLINIC - INFORMATION LEAFLET



YOUR PRE-OPERATIVE ASSESSMENT APPOINTMENT

Your pre-operative assessment appointment is important to help make sure that you are fully prepared for your surgery. We will have taken into account any medical problems that you have, and used this information to prepare appropriately for your procedure. This will help to minimise delays and reduce the risk of cancellation on the day of surgery.

We may arrange a follow up appointment for some tests like ECG, infection control screening swabs, blood tests or to meet with one of our anaesthetic doctors. You will receive notification of this follow up appointment either by phone or by letter, if it is required.

INFECTION CONTROL NOTICE



Please contact the Pre-operative Assessment Clinic on 01-6373426 or the main hospital on 01-6373100 if you have or have had:

1. Flu-like symptoms, COVID or a respiratory infection within 1 week before your surgery.
2. Vomiting or diarrhoea within 48 hours before your surgery.
3. A chronic skin lesion or a chronic wound infection.
4. If you previously tested positive for MRSA, VRE or CPE.
5. If you are a close contact of someone who has MRSA, VRE or CPE.
6. If you are a healthcare worker in direct patient contact.
7. If you were an inpatient in another hospital or nursing home within the last 12 months.

PREPARING TO COME TO THE HOSPITAL



DAY PATIENTS

Please pack dressing gown, pyjamas/nightdress and slippers/flip-flops.



OVERNIGHT PATIENTS

Please pack dressing gown, pyjamas/nightdress, slippers/flip-flops, comfortable underwear, toiletries, toothbrush, toothpaste, sanitary towels, a towel and a washcloth.

Please bring in any medication you take (including inhalers) and your CPAP machine if you use one.

Please leave all your valuables at home.

Please remove all make-up, jewellery, piercings, fake tan, nail polish and false nails.

Please have a shower the morning of your surgery.



Visiting

For visiting guidelines, please visit our website www.nmh.ie

YOUR SURGERY DATE AND ARRIVAL TIME

YOUR SURGERY IS ON _____

PLEASE ARRIVE AT THE HOSPITAL AT _____
ON THIS DATE



FASTING

Please note, if you eat or drink outside the following fasting times and directions, your surgery will be postponed for your safety:

If your surgery is scheduled for the morning:

Do not eat food after 12 midnight the night before your surgery.

You can drink the following 'clear' fluids: black tea (without milk or sugar) or black coffee (without milk or sugar) until 06:00am on the morning of your surgery. You can also drink up to one glass of water (approx. 160mls) every hour, right up until the time you are called to the theatre.

If your surgery is scheduled for the afternoon:

You can have a light breakfast before 6.15am. It is important to ensure you finish eating by 6.15AM. You can drink the following 'clear' fluids: black tea (without milk or sugar) or black coffee (without milk or sugar) until 10.00am on the morning of your surgery. You can also drink up to one glass of water (approx. 160mls) every hour, right up until the time you are called to the theatre.