

## GUIDE TO YOUR ANTENATAL VISITS AT HOLLES OUTPATIENT CLINIC AT THE NMH

Appointments by week of pregnancy are approximate. Your antenatal care will alternate between the hospital and your GP under the combined care scheme. Your GP will see you for your six week postnatal check-up unless you have been asked to attend the hospital.

**Book your first appointment with your GP as soon as you know that you are pregnant.**

4 - 12 weeks pregnant	First GP visit
12 weeks pregnant	Booking visit in Holles Outpatient Clinic
20 - 22 weeks pregnant	Fetal Assessment/Ultrasound Department for Anomaly Ultrasound (Big) Scan
24 weeks pregnant	GP
28 weeks pregnant	Holles Outpatient Clinic with routine bloods as required
30 weeks pregnant	GP
32 weeks pregnant	Holles Outpatient Clinic
34 weeks pregnant	GP
36 weeks pregnant	Holles Outpatient Clinic
37 weeks pregnant	GP
38 weeks pregnant	Holles Outpatient Clinic
39 weeks pregnant	GP
40 weeks pregnant	Holles Outpatient Clinic with bedside scan measuring your amniotic fluid volume (liquor volume measurement)
41 weeks pregnant	Holles Outpatient Clinic
41 weeks + 5 days pregnant (term plus 12)	Fetal Assessment/Ultrasound Department

If you have had a baby before you are entitled to an additional GP visit. Please discuss timing of this with your GP.