



ELIGIBILITY CRITERIA FOR BOOKING WITH THE MIDWIFERY LED CLINIC AT THE NMH

The National Institute for Health and Care Excellence (NICE) recommends Midwifery Led Care as the most appropriate pathway with the best outcomes for normal risk women and this is based on both international and recent Irish research. However, there are some medical conditions or situations where input/care from an obstetric team is recommended to provide you and your baby with the opportunity to achieve the best possible outcome.

For this reason, we have compiled a list of exclusion criteria for the **Midwifery Led Clinic at The NMH**. This is not an exhaustive list and is for guidance only. If you are unsure if you are eligible, please email a member of our administration team at cb@nmh.ie or call 01 6373529. An individualised assessment with our Midwifery Team can be arranged.

Please note: If you are not eligible to attend the Midwifery Led Clinic at The NMH, you will be eligible to attend the Consultant Led Clinic at The NMH. You may also be eligible to attend the Consultant Led Satellite Clinics in the community which are midwife run and consultant led. Please speak to a member of our administration team for further information.

Criteria	Example of exclusion
Age	<ul style="list-style-type: none"> • If you are below 18yrs or over 40yrs at booking on your first baby • If you are over 43yrs at booking and you have had a baby before
BMI	<ul style="list-style-type: none"> • If your BMI is less than 18.5 or greater than 35 • If you have had bariatric surgery in the past
Current Pregnancy	<ul style="list-style-type: none"> • If you become pregnant through the use of Assisted Reproductive Technology (ART) e.g. IVF, IUI (if you have been prescribed the medication Clomid in isolation you are not excluded) • If you have a baby with an anomaly • If you have a multiple pregnancy • If you have placenta praevia (afterbirth is partially or completely blocking the neck of the womb after 34 weeks of pregnancy) • If you have Rhesus disease/significant antibodies that have resulted in haemolytic disease of the newborn
Previous Pregnancy Complications	<ul style="list-style-type: none"> • If you have had a caesarean section • If you have had severe preeclampsia requiring preterm birth/eclampsia /HELLP syndrome (complications with blood pressure in a previous pregnancy) • If you have had a baby less than 34 weeks born by normal vaginal delivery • If you have had a placental abruption (placenta separates from the womb before birth) • If you have had an unexplained stillbirth/neonatal death or previous death related to intrapartum difficulty or a baby with a congenital anomaly • If you have had recurrent miscarriage (3 or more consecutive pregnancy losses) • If you had a previous mid-trimester loss • If you have had a previous baby with neonatal encephalopathy (HIE) (brain damage) • If you have had a uterine rupture (a tear in the womb) • If you have had a previous 4th degree perineal tear or a 3rd degree perineal tear with continence problems • If you have had a previous baby less than 2.5kg (5lbs 5oz) or greater than 4.5kgs (9lbs 9oz) • If you have had previous haemolytic anaemia • If you have had Rhesus disease or significant blood group antibodies that resulted in haemolytic disease of the newborn



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Criteria	Example of exclusion
Cardiovascular (heart) Hypertensive (blood pressure)	<ul style="list-style-type: none"> If you have any heart disease or blood pressure problems
Haematological (blood) Thromboembolic Disorders (clots) Platelet & Bleeding Disorders Haemoglobinopathies (blood disorder affecting the red blood cells)	<ul style="list-style-type: none"> If your iron count (Hb) at booking is less than 9g/dl If you have experienced a Deep Vein Thrombosis DVT (clot) or a Pulmonary Embolism (PE) (clot in the lung) If your platelets (part of your blood needed for clotting) are below 150 x 10⁹/L If you have irregular antibodies in your blood which carry a risk of haemolytic disease of the newborn (blood problem for the baby e.g. Rhesus disease) If you have a haemoglobinopathy (blood disorder affecting the red blood cells) e.g. sickle cell disease, beta thalassaemia
Surgical History	<ul style="list-style-type: none"> If you have had uterine (womb) surgery e.g. Myomectomy (fibroid removed from your womb), previous caesarean section; hysteroscopic resection of polyp/fibroid (a form of incisionless surgery done by passing a scope through the vagina and neck of the womb) If you have had major abdominal surgery e.g. gastric surgery/bypass, lap-banding If you have had 2 surgeries to the cervix (neck of the womb) e.g. Cone biopsy & LLETZ If you have had neurological surgery, certain eye surgery, anaesthetic difficulties, female genital mutilation (case by case)
Endocrine	<ul style="list-style-type: none"> If you have type 1 or type 2 diabetes or develop diabetes in pregnancy (Gestational Diabetes) If you have hyperthyroidism
Gastro – intestinal (GI)	<ul style="list-style-type: none"> If you have Crohn’s disease or Ulcerative colitis and are on medication
Psychiatric	<ul style="list-style-type: none"> If you have a mental health condition requiring current inpatient care and/or requiring specialist care
Neurological	<ul style="list-style-type: none"> If you have Epilepsy, Myasthenia Gravis (MG), Previous Cerebrovascular Accident (CVA) (Stroke)
Immune	<ul style="list-style-type: none"> If you have an autoimmune disease e.g. Rheumatoid arthritis Systemic Lupus Erythematosus (SLE)/(Lupus) Inflammatory Bowel Disease (IBD) Multiple Sclerosis (MS) Guillain-Barre syndrome Chronic inflammatory demyelinating polyneuropathy
Social	<ul style="list-style-type: none"> If you misuse substances e.g. drugs, alcohol If you lack social support or experience domestic violence and require additional hospital based support

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Infections	<ul style="list-style-type: none"> • If you have infective Hepatitis B or Hepatitis C • If you are HIV Positive • If you have Syphilis • If you are receiving treatment for Toxoplasmosis
Renal (kidney disease)	<ul style="list-style-type: none"> • If you have renal disease that requires the supervision of a renal specialist
Liver	<ul style="list-style-type: none"> • If you have liver disease that requires the supervision of a liver specialist
Respiratory	<ul style="list-style-type: none"> • If you have Cystic Fibrosis

OTHER

If you have a history of the following conditions, you may book with the Midwifery Led Clinic at The NMH but you must be seen by a Consultant Obstetrician during your second trimester.

Criteria	Example
Previous Births	<ul style="list-style-type: none"> • If you have had a birth with shoulder dystocia (difficulty delivering your baby's shoulders) • If you have had a Primary Postpartum Haemorrhage (PPH) (large bleed soon after delivering your baby) which required additional treatment or blood transfusion • If you had a previous baby greater than 4.5 kgs (9lbs 9oz) (you will need an ultrasound scan on this pregnancy at approx. 32 weeks to monitor the growth of your baby) • If you have had a previous birth which led to long term complications for example a placental abruption (placenta separated from the wall of the womb before birth) • If you have had a 3rd or 4th degree tear which following review in our perineal clinic requires a specific plan for subsequent births