

ELIGIBILITY CRITERIA FOR BOOKING WITH CONSULTANT LED SATELLITE CLINIC

Attending our Consultant Led Satellite Clinics during pregnancy gives you the benefit of having antenatal care in your local community if you are at medium risk on the Assisted Care Pathway.

Eligibility Criteria for Consultant Led Satellite Clinics apply as there are some medical conditions or situations which require your antenatal care to be provided in the hospital where you will be seen by an obstetrician at each visit. If this is the case, you will be advised to attend our Consultant Led Clinic or one of our Specialist Clinics at The National Maternity Hospital. This is to provide you and your baby with an opportunity to achieve the best possible outcome.

Please see below for a list of exclusion criteria for our **Consultant Led Satellite Clinics** based on the most up to date international advice and research. This is not an exhaustive list and it is for guidance only.

If you are unsure if you are eligible, please email a member of our administration team at outlyingclinics@nmh.ie or call 01 6373177 and they will be happy to advise you.

Please note: If you are not eligible for our Consultant Led Satellite Clinic, you will be able to attend our Consultant Led Clinics or Specialist Clinics in the hospital.

Criteria	Example of exclusion
BMI	<ul style="list-style-type: none"> If your BMI is over 40
Medical Conditions	<ul style="list-style-type: none"> For example if you have cardiac disease including cardiac surgery, uncontrolled hypertension (BP), cystic fibrosis, renal disease, hepatic disease, epilepsy, severe asthma
Endocrine	<ul style="list-style-type: none"> If you have diabetes mellitus requiring insulin
Current Pregnancy	<ul style="list-style-type: none"> If you have a multiple pregnancy
Previous Pregnancy	<ul style="list-style-type: none"> If you have had recurrent miscarriages (three or more consecutive pregnancy losses) or a mid-trimester loss If you have had a preterm birth before 34 weeks
Previous Uterine Surgery	<ul style="list-style-type: none"> If you have had a previous classical (up-down opening) caesarean section or myomectomy involving the uterine cavity opening
Bariatric Surgery	<ul style="list-style-type: none"> If you have had a gastric bypass or lap-banding
Autoimmune Disorders	<ul style="list-style-type: none"> If you have an autoimmune disease e.g. Antiphospholipid syndrome Rheumatoid arthritis Systemic Lupus Erythematosus (SLE)/(lupus) Inflammatory Bowel Disease (IBD) Multiple Sclerosis (MS) Guillain-Barre syndrome Chronic inflammatory demyelinating polyneuropathy
Infections	<ul style="list-style-type: none"> If you have HIV infection, Hepatitis B infection
Haematological Disorders (blood)	<ul style="list-style-type: none"> If you have sickle cell or thalassaemia, thromboembolic disease
Malignant Disease	<ul style="list-style-type: none"> If you have cancer
Psychiatric	<ul style="list-style-type: none"> If you have a history of puerperal psychosis

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If any of the below apply to you, you can still avail of Consultant Led Care at our Satellite Clinics, but specific requirements for booking and consultant assessment during pregnancy apply. Please see below for more detail.

Criteria	Additional Care
Previous Caesarean Section	<ul style="list-style-type: none"> You can book your pregnancy directly with our Consultant Led Satellite Clinic You will have an individual assessment with a Consultant Obstetrician at the clinic by approximately 24 weeks when they will assess you and discuss your suitability for continuing your antenatal care in the community The Consultant Obstetrician will discuss your plan for delivery with you at the initial review and again towards the end of your pregnancy
Pregnancy use of Assisted Reproductive Technology e.g. IVF, IUI	<ul style="list-style-type: none"> You can book your pregnancy directly with our Consultant Led Satellite Clinic You will have an individual assessment by a Consultant Obstetrician at the Satellite Clinic in early pregnancy. The Consultant Obstetrician will assess you and discuss your suitability for continuing your antenatal care in the community
Severe pre-eclampsia and HELLP syndrome	<ul style="list-style-type: none"> You will need to book your pregnancy and attend your first appointment with a Consultant Obstetrician at the Consultant Led Clinic in The Holles Outpatient Clinic in the hospital The Consultant Obstetrician will assess you and discuss your suitability for continuing your antenatal care in the community
Stillbirth or neonatal death or intrapartum events such as a massive PPH, Shoulders dystocia, placental abruption	<ul style="list-style-type: none"> You can book your pregnancy directly with our Consultant Led Satellite Clinic You will have an individual assessment by a Consultant Obstetrician at the Satellite Clinic in early pregnancy. The Consultant Obstetrician will review your notes from your previous birth, assess you and discuss your suitability for continuing your antenatal care in the community
Maternal age greater than 40 years	<ul style="list-style-type: none"> If you are over 40 years of age and this is your first baby, you will need to book your pregnancy and attend your first appointment with a Consultant Obstetrician at the Consultant Led Clinic in The Holles Outpatient Clinic in the hospital. You will then usually continue your care at the Consultant Led Satellite Clinic if suitable If you are over 40 years old and have had a baby before, you will have an individual assessment with a Consultant Obstetrician at the Satellite Clinic by approximately 24 weeks when they will assess you and discuss your suitability for continuing your antenatal care in the community
BMI	<ul style="list-style-type: none"> If your BMI is greater than or equal to 35kg/m² and less than 40kg/m² you can book directly with the Consultant Led Satellite Clinic A diabetic blood test at 24/28 weeks, 3rd trimester ultrasound scan and a referral to the dietician and the anaesthetic department will be discussed and arranged for you

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History of small or large - for-gestational-age infant baby weighing below 2.5kg (5lbs 5oz) or greater than 4.5kg (9lbs 9oz)	<ul style="list-style-type: none">You can book your pregnancy directly with our Consultant Led Satellite ClinicYou will have an individual assessment with a Consultant Obstetrician at the clinic by approximately 24 weeks when they will assess you and discuss your suitability for continuing your antenatal care in the community
Previous 3rd or 4th degree tear	<ul style="list-style-type: none">You can book your pregnancy directly with our Consultant Led Satellite ClinicYou will have an individual assessment by a Consultant Obstetrician at the Satellite Clinic by approximately 24 weeks. The Consultant Obstetrician will review your notes from your previous birth and refer you to our perineal clinic for further review if you have any persistent issues or if a plan for perineal management is needed